

## Tabular Format

# Nutrition Facts

10 servings per container

Serving size  
2 slices (56g)

Calories  
per serving **170**

Amount/serving      % Daily Value\*

**Total Fat** 1.5g      **2%**

Saturated Fat 0.5g      **3%**

*Trans Fat* 0.5g

**Cholesterol** 0mg      **0%**

**Sodium** 280mg      **12%**

Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 1mg 6% • Potassium 470mg 10%  
Thiamin 15% • Riboflavin 8% • Niacin 10%

Amount/serving      % Daily Value\*

**Total Carbohydrate** 36g      **13%**

Dietary Fiber 2g      **7%**

Total Sugars 1g

Includes 1g of Added Sugars      **2%**

**Protein** 4g

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet of 2,000 calories a day. It is used for general nutrition advice.