$$T_{\text{idle[speed]}} = \left(\frac{T_{\text{fnstall}} \cdot f_{\text{nidle[speed]}}^{2}}{f_{\text{fnstall}}^{2}} + \frac{P_{\text{acc}}}{f_{\text{nidle[speed]}}} \right) \cdot 1.1$$

Eq. 1036.535-4