$$\Lambda = L + c \cdot \left\{ \begin{array}{l} \delta \cdot \left(f + f^2 \right) - \left(A \cdot f^2 / 2 \right) \left[\sin\delta + 2\delta^2 / (\sin\delta) \right] \\ + \left(m \cdot f^2 / 4 \right) \left[\sin\delta \cos\delta - 5\delta + 4\delta^2 / (\tan\delta) \right] \end{array} \right\} \text{radians} \qquad \text{(Equation A37)}$$