$$I_f = \frac{1}{m} \sum_{i=1}^{m} I_{fi} \ , \quad R_n = \frac{1}{m} \sum_{i=1}^{m} R_{ni} \ , \quad R_f = \frac{1}{m} \sum_{i=1}^{m} R_{fi} \ . \tag{AM1-4}$$